



# NBYL

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## North Babylon Youth League



Little League Baseball & Softball Programs

## **INSTRUCTIONAL BASEBALL DIVISION RULES**

Little League Rules will govern play in the Instructional Division, with the following exceptions:

### **PLAYING THE FIELD**

- 1 EVERY PLAYER WILL PLAY A POSITION IN THE FIELD. EACH TEAM SHOULD PLAY A REGULAR INFIELD WITH ALL OTHER PLAYERS IN THE OUTFIELD. IF ENOUGH PLAYERS ARE AVAILABLE A PLAYER MAY PLAY ON EITHER SIDE OF THE PITCHERS MOUND.
- 2 SINCE THIS IS A LEARNING YEAR, ALL PLAYERS MUST PLAY AN INFIELD POSITION FOR AT LEAST TWO INNINGS. TO ACCOMPLISH THIS THE STARTING INFIELD SHOULD PLAY TWO INNINGS AND THEN BE MOVED TO THE OUTFIELD FOR THE NEXT TWO INNINGS.
- 3 EACH TEAM MUST HAVE A CATCHER. THE CATCHER MUST WEAR A PROTECTIVE CUP AND A CATCHERS MITT. A COACH MAY ASSIST THE CATCHER TO SPEED UP THE GAME.

### **COACH PITCHING**

- 1 FOR THE FIRST 4 GAMES COACHES MAY PITCH THE BALL UNDERHANDED OR OVERHANDED. AFTER THE FOURTH GAME WE ENCOURAGE OVERHAND PITCHING, HOWEVER IF A PLAYER NEEDS UNDERHANDED PITCHING YOU ARE PERMITTED TO DO SO.

### **BATTING**

- 1 EACH PLAYER SHALL HAVE FIVE SWINGS AT THE BALL. IF THE PLAYER FOULS OFF THE FIFTH PITCH THE AT-BAT CONTINUES UNTIL THE BATTER HITS A FAIR BALL OR MISSES.
- 2 THERE ARE NO WALKS
- 3 IF A PLAYER MISSES A TURN AT BAT HE OR SHE MUST BAT AS SOON AS THAT PLAYER BECOMES AVAILABLE.
- 4 A CONTINUOUS BATTING ORDER WILL BE USED.

### **RULES OF PLAY**

- 1 ALL OUTS WILL COUNT. IF A TEAM MAKES THREE OUTS WHILE AT BAT THEY WILL TAKE THE FIELD.
- 2 NO RUNNER MAY ADVANCE BECAUSE OF AN ERRANT OR OVERTHROWN BALL.
- 3 EACH PLAYER WILL TAKE ONE BASE AT A TIME UNLESS THE BALL IS HIT INTO THE OUTFIELD. ONCE THE BALL HAS ENTERED THE INFIELD THE RUNNER MUST MAINTAIN THE BASE HE OR SHE IS ON.
- 4 IF A PLAYER OVERRUNS SECOND OR THIRD BASE HE OR SHE CAN BE TAGGED OUT. PLAYERS SHOULD BE TAUGHT HOW TO OVERRUN FIRST BASE.
- 5 THERE IS NO BUNTING, STEALING, LEADING, ON-DECK BATTER, TAGGING UP OR HEAD FIRST SLIDING
- 6 SLIDING FEET FIRST SHOULD BE TAUGHT AND LIMITED TO THOSE PLAYERS THAT HAVE THE ABILITY TO SLIDE PROPERLY
- 7 ALL MANAGERS AND COACHES ARE REMINDED THAT THERE IS NO WINNING OR LOSING AT THIS LEVEL, THEREFORE NO MANAGER OR COACH SHALL KEEP SCORE OR INFORM THEIR TEAM THEY HAVE WON OR LOST, ALL GAMES ARE TIE.